

2026 SLIDING FEE SCALE

Based on Annual Household Income and Federal Poverty Guideline Level (FPGL)

Find your household size, then locate your annual household income range to determine the fee per counseling session.

Household Size	100% FPGL or Below Fee: \$0	101%–150% FPGL Fee: \$10	151%–175% FPGL Fee: \$15	176%–200% FPGL Fee: \$20
1	\$0 – \$15,960	\$15,961 – \$23,940	\$23,941 – \$27,930	\$27,931 – \$31,920
2	\$0 – \$21,640	\$21,641 – \$32,460	\$32,461 – \$37,870	\$37,871 – \$43,280
3	\$0 – \$27,320	\$27,321 – \$40,980	\$40,981 – \$47,810	\$47,811 – \$54,640
4	\$0 – \$33,000	\$33,001 – \$49,500	\$49,501 – \$57,750	\$57,751 – \$66,000
5	\$0 – \$38,680	\$38,681 – \$58,020	\$58,021 – \$67,690	\$67,691 – \$77,360
6	\$0 – \$44,360	\$44,361 – \$66,540	\$66,541 – \$77,630	\$77,631 – \$88,720
7	\$0 – \$50,040	\$50,041 – \$75,060	\$75,061 – \$87,570	\$87,571 – \$100,080
8	\$0 – \$55,720	\$55,721 – \$83,580	\$83,581 – \$97,510	\$97,511 – \$111,440

For households larger than 8, add \$5,680 for each additional person to the 100% FPGL amount, then apply the percentage ranges above.

Additional Fee Information

- ☐ If at ANY time, the cost of counseling becomes difficult, please talk with your therapist. We can always change your payment so you can receive counseling services.
- ☐ If you need to set up a payment schedule, please speak with your therapist. We always assist clients who need to make payments and will find a plan that works for you.
- ☐ Patients will not be denied services due to an inability to pay.

Source: 2026 U.S. Department of Health and Human Services Poverty Guidelines for the 48 contiguous states and the District of Columbia. Effective for 2026.